**McLean County Wheelers**

***"Show & Go"* Rides**

**Saturdays and Sundays**

Start at the Normal Amphitheater "Y". Auto parking is free at the north side of the amphitheater which is the Normal Parks & Rec. lot off Linden Ave. Use sunscreen even if cool and bring water, and at least one extra tube, specific for your bike tire. Sometimes we may stop to eat or drink but not all venues take charge cards.

**Everyone MUST WEAR a helmet to ride with the group**

Bikers meet on the constitution trail above the amphitheater/parking lot at the wayside tables.

Destinations and speeds for Show & Go rides agreed upon at start depending mostly on the mix of riders & wind direction - generally they average 12-15 mph.

Starting times will change each month accordingly per schedule below -

Please check the Wheelers website for updates: [www.mcleancountywheelers.com/](http://www.mcleancountywheelers.com/)

Rides will likely be cancelled due to extreme cold, strong winds, storms, snow or ice.

**Nov - March**

**10:00 AM**

**April**

**9:00 AM**

**May**

**8:00 AM**

**June – August**

**7:00 AM**

**September**

**8:00 AM**

**October**

**9:00 AM**

Starting late April there will be other rides available such as "Training Rides" to advance to the "Spring Metric" held in June around Comlara Park. These rides will be on Tuesday & Thursday evenings and Sunday afternoons - that calendar is available in the Training Ride brochure at local

bike shops & on the Wheelers website. In the warmer months we'll have weekday morning rides and some night full moon rides - updates on the Wheelers website.

For questions or suggestions, please write Tom Lauritson:

*Laurit13@comcast.net*