

2022 Century Ride Training Schedule

- Century Training Rides will be held on weekends starting April 30.
- Riders can choose either Saturday or Sunday (or both) – a ride leader will be available both days.
- July 23 is the target for a full Century Ride. The ride will be supported with water, snack and cheerleading stops along the way to celebrate the 100-mile accomplishment!

Date	Time	Mileage	Location
April 26	5:45	Kick-Off/Info Meeting	Tipton Trails
April 28	5:45	20 miles	Rosa Parks Commons
April 30 (11:00) May 1 (10:00)	11:00 10:00	25 miles	Underwood Park
May 7/8	10:00	32 miles	Underwood Park
May 14/15	10:00	38 miles	Underwood Park
May 21/22	10:00	45 miles	Underwood Park
May 28/29	10:00	52 miles	Underwood Park
June 4/5	8:00	57 miles	Underwood Park
June 11	7:00	62 miles	Spring Metric : Comlara Park
June 18/19	8:00	66 miles	Underwood Park
June 25/26	8:00	72 miles	Underwood Park
July 2/3	7:00	78 miles	Underwood Park
July 9/10	7:00	84 miles	Underwood Park
July 16/17	7:00	90 miles	Underwood Park
July 23	7:00	100 miles	Underwood Park